

Need Peer Support?

Behavioral health co-responders can call for confidential, peer-to-peer support.

 **Call 206-738-8583**


You do not need to be a CROA member to access this free resource.




About CROA Peer Support

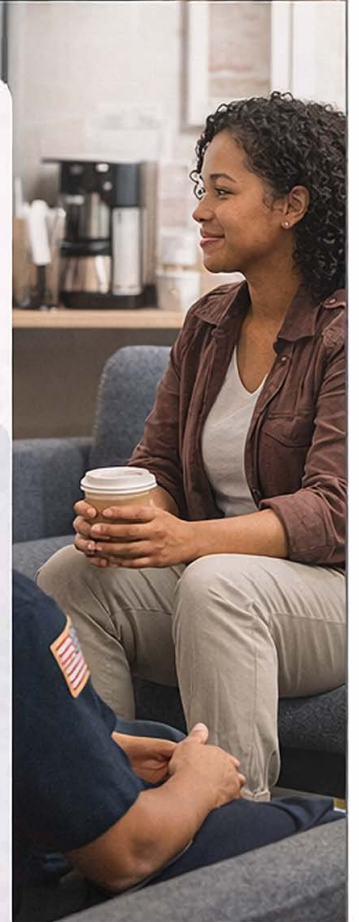
Our Peer Support Program offers **short-term emotional support** for behavioral health co-responders across **Washington State**. Peer supporters are **trained professionals with lived experience** in the field.

What We Offer

-  **Phone-Based Peer Support** – Confidential, one-on-one support from trained peers.
 - Emotional support for individuals after a **tough call**
 - Help find personal resources to support your needs
 - Discuss the frustrations of the work


Who Can Use This

-  Behavioral health co-responders working alongside police, fire, or EMS.
 - You do not need to be a CROA member.



What can the Peer Support Team not do?

- Replace clinical or task related supervision
- Formal debrief of critical incidents for groups
- Be long term therapy

-  **Monthly Peer Point Of View (POV) Meetings** – A safe space to share and connect with fellow co-responders. email peersupport@croa.org for invite

CROA
CO-RESPONDER
OUTREACH ALLIANCE